

# Vyper Go

EN Operating Instructions ZH 使用说明书

# EN



TO REDUCE RISKS OF ELECTRIC SHOCK, FIRE, AND PERSONAL INJURY, OR PROPERTY DAMAGE, THIS DEVICE MUST BE USED IN ACCORDANCE WITH THE FOLLOWING WARNINGS, CAUTIONS, AND SAFETY INSTRUCTIONS.

## IMPORTANT SAFETY INSTRUCTIONS - ORIGINAL INSTRUCTIONS

Read all instructions before using the Vyper Go.

### DANGER

To reduce the risk of electric shock:

- Always unplug this device from the electrical outlet immediately after using and before cleaning.
- Do not reach for a device that has fallen into water. Unplug immediately.
- Do not use while bathing or in a shower.
- Do not place or store device where it can fall or be pulled into a tub or sink. Do not place in or drop into water or other liquid.

### WARNING

To reduce the risk of burns, fire, electric shock, or injury to persons:

- A device should never be left unattended when plugged in. Unplug from outlet when not in use, and before putting on or taking off parts.
- Do not operate under blanket or pillow. Excessive heating can occur and cause fire, electric shock, or injury to persons.
- Use this device only for its intended use as described in this manual. Do not use attachments not recommended by the manufacturer.
- Never operate this device if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or if it has gotten wet. Return the device to a service center for examination and repair.
- Do not carry this device by supply cord or use cord as a handle.
- Keep the cord away from heated surfaces.
- Never operate the device with the air openings blocked. Keep the air openings free of lint, hair, and any substance which may impair the flow of air.
- Never drop or insert any object into any device opening.
- Do not use outdoors.
- Do not operate where aerosol (spray) devices are being used or where oxygen is being administered.
- Never operate on a soft surface where the air openings may be blocked.
- Do not remove screws or attempt to disassemble.
- Unplug the device after charging or prior to use.
- Use device only according to these Operating Instructions, also available on [hyperice.com](http://hyperice.com).
- Do not operate continuously for more than one hour. After one hour use, allow unit to rest for 30 minutes before re-using.
- Unplug the unit after charging or prior to use.

- Do not use directly on a hard surface. Use only on a carpeted floor or a fitness mat.
- Persons weighing above 250 lbs/113 kgs may damage or break the unit during normal intended use.
- This is not a toy. For adult use only. Do not use if injured. Consult your doctor before using this product.
- For storage or travel, toggle power switch to OFF position.
- Please do not use the Vyper Go, or any high-intensity vibration exercise device without first consulting with your doctor if any of the following apply: Pregnancy, diabetes with complications such as neuropathy or retinal damage, wear of pace-makers, recent surgery, epilepsy or migraines, herniated disks, spondylolisthesis, spondylolysis, or spondylosis, recent joint replacements, metal pins or plates or any concerns about your physical health. Frail individuals and children should be accompanied by an adult when using any vibration device. These contraindications do not mean that you are not able to use a vibration or exercise device but we do advise you to consult a doctor first. Ongoing research is being done to the effects of vibration exercise for specific medical disorders. This will likely result in the shortening of the list of contraindications as shown above. Practical experience has shown that integration of a vibrating fitness device into a treatment plan is beneficial in a number of cases. This must be done on the advice of and in accompaniment with a doctor, specialist or physiotherapist.

The Vyper Go should only be charged with the double insulated, 18VDC Hyperice charger (model number MX24Z2-1801000) that was supplied with the device. Do not charge the Vyper Go overnight or leave the Vyper Go unattended when charging or in use.

The Vyper Go contains a battery which must be complied with safely at an appropriate e-waste disposal or recycling facility.

## CAUTION

The battery used in this device may present a risk of fire or chemical burn if mistreated. Do not disassemble, heat above 100 C or incinerate. Dispose of used battery promptly. Keep away from children. Do not disassemble and do not dispose of in fire.

## SAVE THESE INSTRUCTIONS

The Vyper Go is a cutting-edge fitness device that uses pressure and high-intensity vibration to amplify the traditional foam rolling experience. It accelerates warmup and recovery, releases tension and tightness in the muscles, and helps to maintain full range of motion while promoting overall wellbeing and performance.

### OPERATING

To turn on, press down on the power button for three seconds until LED lights illuminate. Press again once for speed level one, twice for speed level two and speed three times for level three. The blue LED lights will indicate the corresponding speed level. Do not use directly on a hard surface. Use only on a carpeted floor or a fitness mat. To turn off, press down on the power button for three seconds. The device is fully turned off when all the LED lights are off. The device will turn off after 10 minutes of use. To continue use, turn device on again and set to desired level.

### CHARGING

Fully charge for two hours before first use. To charge, connect the adapter to the charging port and plug into wall outlet. LED lights will illuminate to show battery level and indicate active charging. LED lights will remain illuminated when fully charged while adapter is plugged in. Device may be recharged at any time and at any battery level. It is not recommended to fully deplete the battery to the red LED level. Fully

recharge the device monthly to best prolong battery life. The average run-time per charge is two hours at level three, and longer at lower levels. It is recommended to turn the device OFF while the it is not in use or during storage and travel.

## CLEANING AND STORAGE

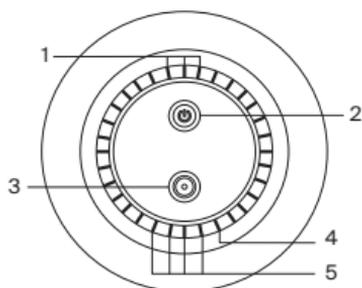
Make sure the power is OFF and the battery charger is not attached. Use a damp, clean, cloth and gently wipe your Vyper Go. Store in a clean, cool, dry place, out of direct sunlight, when not in use.

## CONNECTING TO THE HYPERICE APP

To connect your device to the Hyperice App via Bluetooth® make sure that your device is turned on, Bluetooth® is turned on in your phone, and your device is within close proximity. Select a routine within the Hyperice App and if prompted tap "Scan for Devices." Select your device when it pops up on the screen. HyperSmart™ will automatically start your device and adjust the speed and intensity as you follow along with the routine.

## SPECIFICATIONS

1. Speed level indicators
2. Power/speed setting button
3. Charging port
4. Bluetooth® connection indicator
5. Battery level indicators



AC-DC Charger: 100-240V - 50/60Hz 0.7A - 18.0V 1.0A 18.0 W

Rechargeable lithium ion battery 2550mAh

Frequency: Level 1 - 2200/37 Hz, Level 2 - 2700/45 Hz, Level 3 - 3200/53 Hz

Weight: 2.5 lbs / 1.2 kg (including charger)

Designed in USA. Assembled in China with components from China and Germany.

# WARRANTY

If within one year from the date of purchase, this product fails due to a defect in material or workmanship, Hyperice, Inc. will repair or replace the product, or necessary components, free of charge.

This warranty excludes:

- (a) damage caused by accident, abuse, mishandling, or transport;
- (b) devices subjected to unauthorized repair;
- (c) devices not used in accordance with Hyperice care instructions;
- (d) damage exceeding the cost of the product;
- (e) deterioration of the delivered product resulting from abnormal storage and/or safeguarding conditions on the client's premises, and
- (f) failure to provide the dated proof of purchase.

Some states and countries do not allow a limitation of damages, so the foregoing limitation may not apply to you. This warranty guarantees specific legal rights, and but other rights may vary from country to country and from state to state. This warranty service is available through the operating policies and procedures of Hyperice, Inc., and all Hyperice international distributors. If you are a client, please contact the appropriate Hyperice business entity, dealer or retailer, from whom you directly purchased the product for warranty and return authorization procedures. This warranty is initiated and executed by Hyperice, Inc.

# ZH



为了降低触电、火灾、人身伤害或财产损失的风险，必须按照以下警告、注意事项和安全说明使用本仪器。

## 重要安全说明 - 原始说明

使用 Vyper Go 之前，请阅读本说明书。

### 危险

为了降低触电的风险：

- 使用后和清洁前，请务必立即从电源插座中拔下本仪器的电源插头。
- 切勿触碰掉入水中的仪器。立即拔下电源插头。
- 请勿在洗澡或淋浴时使用。
- 请勿将仪器放置或存放在可能掉入或被拉入浴缸或水槽中的地方。请勿将仪器放入或令其跌入水或其他液体中。

### 警告

为了降低烧伤、火灾、触电或人身伤害的风险：

- 电源插头插在插座上时，切勿让仪器处于无人看管的状态。仪器不使用时，以及安装或取下零部件之前，请从插座中拔下电源插头。
- 请勿在毯子或枕头下操作。可能会发生过度加热，并导致火灾、触电或人身伤害。
- 仅将本仪器用于本手册中所述的预期用途。请勿使用制造商不推荐的附件。
- 如果本仪器的电源线或插头损坏，或者本仪器无法正常工作、跌落过或已损坏或者已弄湿，请勿操作本仪器。应将本仪器送回服务中心进行检查和维修。
- 请勿使用电源线或将电源线作为手柄携带本仪器。
- 使电源线远离加热表面。
- 请勿在通风孔堵塞的情况下操作本仪器。使通风孔处无棉绒、头发及任何可能阻碍空气流通的物质。
- 切勿使任何物体掉入或将物体插入仪器的任何开口中。
- 请勿在室外使用。
- 请勿在使用气溶胶（喷雾）仪器或使用氧气的地方操作。
- 切勿在可能堵塞通风孔的柔软表面上操作。
- 请勿取下螺钉或尝试拆卸。
- 充电后或使用前，请拔下仪器的电源插头。
- 仅根据 [hyperice.com](http://hyperice.com) 上也提供的使用说明书来使用本仪器。
- 请勿让连续操作时间超过一小时。使用一小时后，让仪器休息 30 分钟，然后再重新使用。
- 充电后或使用前，请拔下仪器的电源插头。
- 请勿直接在坚硬表面上使用本仪器。只能在铺有地毯的地板或健身垫上使用本仪器。
- 在仪器正常使用期间，体重超过 250 磅/113 公斤的人士使用本仪器可能会导致仪器损坏或失灵。
- 本仪器不是玩具。仅供成人使用。如果受伤，请勿使用。使用本产品前请咨询医生。
- 存放或移动仪器时，请将电源开关拨至 OFF（关闭）位置。
- 对于以下任何情况，在未咨询医生之前，请勿使用 Vyper Go 或任何高强度震动健身仪器：妊娠、糖尿病伴神经病变或视网膜损伤等并发症、装有起搏器、近期手术、癫痫或偏头痛、椎间盘突出、脊椎前移、脊椎滑脱、颈椎病、近期关节置换、植入金属针或金属板或有任何其他健康问题。使用任何震动仪器时，体弱人士和儿童应由成人陪同。这些禁忌并不意

意味着您不能使用震动或训练仪器，但是我们建议您先咨询医生。目前正在对震动健身对特定疾病的影响进行研究。这可能会使得上述禁忌列表缩短。实践经验表明，在许多情况下，将震动健身仪器纳入相应治疗计划中会有所裨益。这必须按照医生、专科医生或理疗师的建议并且在其陪同下进行。

Vyper Go 只能使用本仪器随附的双重绝缘 18VDC Hyperice 充电器 (型号 MX24Z2-1801000) 充电。在充电或使用时，请勿让 Vyper Go 通宵充电或让 Vyper Go 无人看管。

Vyper Go 配有一节电池，该电池必须在相应的电子废弃物处理或回收机构进行安全处置。

## 注意事项

如果处理不当，本仪器中使用的电池可能引发火灾或导致化学灼伤。请勿将电池加热至 100°C 以上，或者拆解或焚烧电池。请立即处置废旧电池。请让电池远离儿童。请勿拆卸电池，亦勿将电池扔入火中处置。

## 请妥善保管本说明书

Vyper GO 是一款先进的健身仪器，它利用压力和高强度震动来增强传统的泡沫轴滚压体验。此外，它可以加快预热和恢复的速度，释放肌肉张力，舒缓肌肉紧张，有助于保持全运动范围，同时提高整体健康水平和相应表现。

### 操作方法

如果要打开本仪器，请按住电源按钮三秒钟，直到 LED 指示灯亮起为止。再按一次电源按钮，仪器的速度级别达到 1 级；再按两次，速度级别达到 2 级，再按三次，速度级别达到 3 级。蓝色 LED 指示灯将指示相应的速度级别。请勿直接在坚硬表面上使用本仪器。只能在地毯的地板或健身垫上使用本仪器。如果要关闭本仪器，请按住电源按钮三秒钟。当所有 LED 指示灯熄灭时，仪器完全关闭。仪器将在使用 10 分钟后关闭。如果要继续使用，请再次打开本仪器并将速度设置为所需级别。

### 充电

首次使用之前，充电两个小时，将电充满。如果要充电，请将适配器的一端与充电端口连接，并将另一端的插头插入壁挂电源插座中。LED 指示灯亮起，显示电池电量，表示正在充电。在适配器接通电源的情况下，当仪器充满电时，LED 指示灯将保持常亮。仪器可以在任何时间、任何电量下进行充电。建议避免将电池电量完全耗尽，达到红色 LED 水平。将仪器充满电，每月一次，以最大限度地延长电池的使用寿命。在速度级别达到 3 级时，每次充满电后的平均续航时间为两个小时，在较低速度级别下，续航时间更长。仪器不使用时或在仪器存放和移动期间，建议将仪器电源开关拨至 OFF (关闭) 位置。

### 清洁和存放

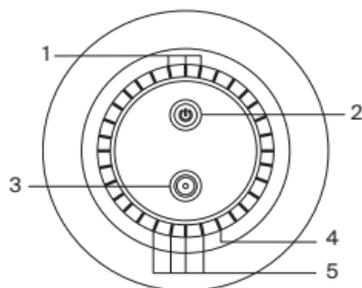
确保电源已关闭且电池充电器未连接。使用略蘸湿的干净布料轻擦拭 Vyper Go。不使用时，请将其存放在干净、阴凉、干燥且无阳光直射的地方。

### 连接 HYPERICE 应用程序

如果要通过 Bluetooth® 将仪器与 Hyperice 应用程序连接，请确保仪器已打开，手机上的 Bluetooth® 也已打开，并且仪器就在附近。然后，在 Hyperice 应用程序中选择相应例程，而后轻触“Scan for Devices” (扫描设备) (如有提示)。接着，在手机屏幕上弹出仪器名称时，选择您的仪器。HyperSmart™ 会自动启动您的仪器，并在您根据例程操作时调整相应速度和强度。

## 规格

1. 速度级别指示器
2. 电源/速度设置按钮
3. 充电端口
4. Bluetooth® 连接指示器
5. 电池电量指示器



交流-直流充电器:100-240V - 50/60Hz 0.7A - 18.0V 1.0A 18.0 W

2550mAh 可充电锂电池

频率:1 级 - 2200/37 Hz, 2 级 - 2700/45 Hz, 3 级 - 3200/53 Hz

重量:2.5 磅/1.2 千克(包括充电器)

美国设计。中国装配(组件源自中国和德国)。

## 保修

如果自购买之日起一年内,本产品因材料或工艺缺陷而出现故障,Hyperice, Inc. 将免费维修或更换本产品或其必要组件。

以下情况不属于本仪器的保修范围:

- (a) 损坏是由于事故、滥用、误操作或运输引起的;
- (b) 仪器经过未经授权的维修;
- (c) 未按照 Hyperice 保养说明书来使用仪器;
- (d) 损坏处的修复费用超过产品的成本;
- (e) 所交付的产品因客户相应处所内的存放和/或防护条件异常而劣化,以及
- (f) 未能提供标明日期的购买证明。

某些州和国家/地区不允许对损坏加以限制,因此上述限制可能对您并不适用。本保修服务保障特定合法权利,但其他权利可能因国家/地区和州而异。本保修服务可通过 Hyperice, Inc. 以及所有 Hyperice 国际分销商制定的操作政策和程序获取。如果您是我司客户,请联系您直接向其购买产品的相应 Hyperice 营业单位、经销商或零售商,了解保修和退货授权程序。本保修服务由 Hyperice, Inc. 发起并执行。

hyperice.com

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.



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